

## Who is clothing me?

Each year in the UK we spend over £32 billion on clothes and shoes but only wear each item an average of 4 times before throwing it away! The impact of our clothing goes much further than many of us could imagine though.

In fact 1 in 6 working people around the World work in the clothing and textiles industry!

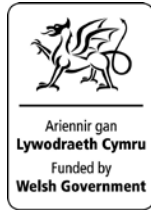
**Task** - Have a look at all the clothes you are wearing today and see if you can find out where they come from and what they are made of. Choose **one** of the countries and see if you can find out anything about what it is like to make the clothes or fabrics in that country.

Share some of your findings with us either as 'Fast Facts' or a short video or any other way you fancy.

<https://www.sustainablefashionmatterz.com/fashion-facts>

And don't forget to Tweet us at @EcoSchoolsWales or tag us on Insta @ecoschoolswales





## Be mae fy nillad yn dod o?

Bob blwyddyn yn y DU, rydym yn gwario dros £ 32 biliwn ar ddillad ac esgidiau, ond dim ond yn gwisgo pob eitem ar gyfartaledd o bedair gwaith cyn daflu i ffwrdd!

Mae effaith bellgyrhaeddol ein dillad yn mynd yn llawer pellach nag y gallai llawer ohonom ddychmygu. Yn wir, 1 o bob 6 o bobl weithio o gwmpas gwaith y Byd yn y diwydiant dillad a thecstilau!

**Tasg:** Edrychwch ar yr holl ddillad rydych chi'n eu gwisgo heddiw a gweld a allwch chi ddarganfod o ble maen nhw'n dod a beth maen nhw wedi'i wneud. Dewiswch un o'r gwledydd a gweld os gallwch gael gwybod unrhyw beth am sut brofiad yw gwneud y dillad neu ffabrigau yn y wlad honno.

Rhannu rhai o'ch canfyddiadau gyda ni naill ai fel 'Ffeithiau Cyflym' neu fideo byr neu unrhyw ffordd arall ydych chi awydd - rhagor o wybodaeth yma <https://www.sustainablefashionmatterz.com/fashion-facts>

A peidiwch ag anghofio i bastion tweet i ni @EcoSchoolsWales neu tagiwch ni ar Insta @ecoschoolswales

