

Y Cwis Ôl Troed Gwastraff Bwyd

1. Beth yw'r pum bwyd sydd yn cael eu gwastraffu mwayf aml yng Nghymru?

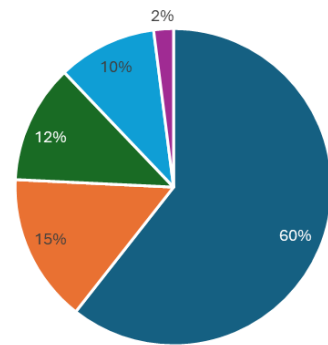
2. Ffeithiau bwyd trawiadol - cyfatebwch y datganiad i'r ganran.

- Faint o'r bwyd sy'n cael ei gynhyrchu fyd-eang caiff ei wastraffu? **70%**
- Pa gyfran o wastraff bwyd o'r cartref sy'n fwytadwy? **40%**
- Pa gyfran o wastraff bwyd sydd o ganlyniad i ormodedd yn cael ei baratoi? **25%**

3. O ble y daw gwastraff bwyd?

Cyfatebwch y tarddiad gyda'r rhan cywir o'r siart cylch.

- Cartrefi
- Cynhyrchu bwyd
- Ffermio
- Gwasanaethau lletygarwch a bwyd (e.e. bwytai ac ysgolion)
- Manwerthu (e.e. siopau)



4. Gwastraff bwyd a'r person cyffredin yng Nghymru. Allwch ddyfalu beth mae'r cliwiau hyn yn ei olygu?



5. Mae llawer o wastraff bwyd yn fwytadwy. Ond beth am y crwyn a gwastraff anfwytadwy arall?

Mae rhai syniadau arloesol yn helpu i fynd i'r afael â'r gwastraff hwn. Allwch chi enwi'r gwastraff bwyd y mae pob un o'r cynhyrchion hyn wedi'i wneud ohono?



The Food Waste Footprint Quiz

1. What are the five most commonly wasted foods in Wales?

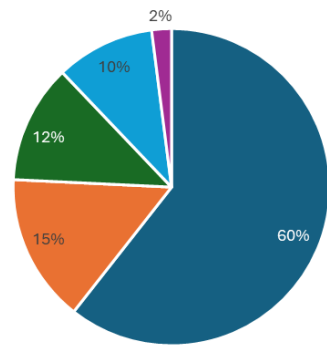
2. Shocking food facts - match the statement to the percentage.

	How much of the food produced globally is wasted?	70%
	What proportion of household food waste is edible?	40%
	What proportion of food waste is because too much food is prepared?	25%

3. Where does the food waste come from?

Match the location with the correct segment of pie chart.

- Households
- Food manufacture
- Farming
- Hospitality and food services (e.g. restaurants and schools)
- Retail (e.g. shops)



4. Food waste and the average person in Wales. Can you work out what these clues mean?

£250

95 kg

34% →

5. A lot of food waste is edible. But what about the peels, skins and other inedible waste?

There are some innovative ideas helping to tackle this waste. Can you name the food waste each of these products is made from?



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Atebion | Answers

1. Bara, Tatws, Llaeth, Salad, Bananas | Bread, Potatoes, Milk, Salad, Bananas

2. 70% Cyfran o wastraff bwyd o'r cartref sy'n fwyadwy
Proportion of household food waste is edible

40% Faint o'r bwyd sy'n cael ei gynhyrchu fyd-eang caiff ei wastraffu
How much of the food produced globally is wasted

25% Cyfran o wastraff bwyd sydd o ganlyniad i ormodedd yn cael ei baratoi
Proportion of food waste is because too much food is prepared

3. 60% Cartrefi | Households

12% Cynhyrchu bwyd | Food manufacture

15% Ffermio | Farming

10% Gwasanaethau lletygarwch a bwyd | Hospitality and food services

2% Manwerthu (e.e. siopao) | Retail (e.g. shops)

4. £250 Faint mae'r bwyd sy'n cael ei wastraffu gan bob person yn ei gostio bob blwyddyn
How much the food wasted by each person costs per year

95kg Faint mae'r bwyd sy'n cael ei wastraffu gan bob unigolyn yn pwysu bob blwyddyn
How much the food wasted by each person weighs per year

34% Canran y gwastraff bwyd sy'n dod i ben yn y gwastraff cyffredinol a nid yr ailgylchu
The percentage of food waste that ends up in the general waste and not recycling

5. Sebon: grawn coffi | Soap: coffee grinds

Treinyrs: crwyn grawnwin | Trainers: grape skins

Ffrog: crwyn oren | Dress: orange peel