

Reduce and Reuse Audit

Lots of the things that we use every day can cause problems for our planet and our environment.

The paper we use comes from trees that are cut down; the plastic we use is made from oil from out of the ground; and our clothes are often made with lots of chemicals that cause harm to rivers.

The best way that we can help is to **REDUCE** the number of new things we use and **REUSE** as much as we can, before it is sent to be recycled or thrown in the bin.



cadwch keep
gymru'n wales
daclus tidy



Find out how much is reduced and reused by looking for answers to the questions below.

Is paper always used on both sides before being recycled? (check in your recycling bin)	YES 😊	NO ☹️
Do you pour your milk into cups from big bottles to drink?	YES 😊	NO ☹️
Do the children eat all their snack or lunch so that food isn't wasted?	YES 😊	NO ☹️
Do you have a place to swap books, toys or clothes so they can be re-loved?	YES 😊	NO ☹️
Can you find the words 100% recycled on your paper, toilet rolls or anything else?	YES 😊	NO ☹️
Do you have a compost or a wormery for left over fruit and vegetable peels?	YES 😊	NO ☹️



If you have any answers with sad faces think about, what could you change in your setting to make them happy faces?

What do we want to change?	How will we change it?	What difference did we make after we made the change?